Reiman Reflections

Expressing How Nature Helps Us Heal
1. Outdoors

Plants provide lessons for life
Healthy eating from the sun’s energy
Flowers, leaves, blooms, stems, roots, fruit, seeds
Adding color to the landscape
Thriving amidst chaos

Plants lead us to our true selves
Wise use of natural resources
Medicine for full health
Refreshing and blooming in place
Preventing erosion

Plants sustain the future
Healthy water
Clean air
Secure shelter
Delectable food

Plants
The functional and spiritual foundation of life

Blue Butterfly on Pink Flowers
Nova Cynthia Barker
© Nova Cynthia Barker, 2021
Email: novacynthia@gmail.com
Instagram @artwithnovacynthia
Starfish
Debra Flynn

Untitled
Nancy Franz
I love Origami. It inspires peace, love and joy. Just what the world needs.

Robert Mario Rush

Abby Mosabbit

Big Yellow Bunny

20x20 Heavy Lotus
Drawing the Blue Lotus at Reiman Gardens
Nova Cynthia Barker
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Email: novacynthia@gmail.com
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Tree in Fog
Debra Flynn
2. Outdoors

Blooms arrive
First daffodils yellowing
The spring landscape
Periwinkle bluesy winking
Crocus shaking off snow

Blooms resiliently survive
Strong cold winds
Heavy cold rain
Long cold nights

Blooms along the trail
Creating awe stops
Drawing in pollinators
Pushing back invasives

Blooms satiate outdoor joy
A need to wander
Filling my soul
Adios winter
After miles walking along a remembered stream I come to a stop at the end of the least traveled path. Blue-brown barks and black ochre soils twisting life through green shadow explode before me.

Like the unfolding of an artichoke I fill with the energy of the universe, and with vibrating wordlessness I absorb the nutrients of all the nature poems that have ever come before.

I slowly start to move again, and slide my thumb along the squirrelly fur of a magnolia bud while the bounce of new wet growth echoes in my chest.

Gazing intimately, I read the full history of the earth in the mossy surface of a single stone.
Sandhill Crane
Debra Flynn

Stalking the Blue Lotus at Reiman Gardens
Nova Cynthia Barker
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Email: novacynthiagmail.com
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May 8, 2021

windblown maple seeds
tinkle rattle soft across
tavel-worn asphalt

Anonymous
3. Outdoors

Gardens call to me
To shed evidence of winter
To awaken my spring soul
To possibilities unknown

Gardens show the way
To celebrate color
To thrive in adversity
To add loveliness

Gardens evoke emotion
To make me smile
To surface fond memories
To ponder peace

Gardens promote health
To center my soul
To draw me outdoors
To banish my worries

Gardens are pure joy
Even the weeds agree
Thank you to the artists who submitted their pieces to this collection and thank you to the community for supporting Reiman Gardens and each other through these hard times.